



# Comprehensive Pain Management Institute

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Dear Sir or Madam,

I feel honored that you are considering us for your pain management needs.

Our philosophy centers on making the chronic pain condition that you have less of an impact in your life, so that you can enjoy living more. Your best outcome is my main goal.

In order to set a framework around our relationship, a patient doctor agreement is necessary. Please review it as it will form the basis of our relationship.

In order to make the most out of your visit, please fill out the attached forms, which will help us to prepare for your visit. There is a lot to fill out, but it will be well worth spending the time to fill these out completely and accurately ahead of time. Please return these to us as soon as possible so that we can schedule an appropriate visit for you (if returning by mail you may need to affix an extra stamp).

Here is a list of the forms that we are anticipating from you:

<b>Patient Agreement</b>	- please sign each page
<b>Demographic Information</b>	- this will help us to help bill your insurance
<b>Medical Record Release Authorization</b>	- please leave physician name and address blank
<b>Pain History Questionnaire</b>	- will describe you pain and previous efforts to treat it
<b>Pain Impact Numerical Rating Scale</b>	- will help us track the progress
<b>Current Medications Worksheet</b>	- will help us to ensure safety of medications
<b>Procedures and Surgeries Worksheet</b>	- will inform me of surgeries that you had
<b>Prior Medications Tried Worksheet</b>	- will tell us what has not worked so we may avoid it
<b>Pain Drawing</b>	- helps us understand the pain
<b>Medical History Questionnaire</b>	- will help us to know your health better
<b>Financial Policy</b>	- to prevent any misunderstandings

Also, please send or arrange to be sent to us a copy of a report from any studies or tests done recently, such as X-rays, MRI, CT, bone scans, myelograms, EMG

After you return these to us, we will contact you to schedule an appointment

On the day of your visit, the following suggestions will make your experience most worthwhile:

- Please wear comfortable clothing which can easily be removed for the examination - emphasize function and comfort over style.

- Please bring with you insurance cards and drivers license – we need to have positive means of identification in order to treat you and help you file insurance papers.
- Please bring with you the co-payment required by your insurance – we will not be able to see you should your insurance plan require a co-payment, and none is provided to us.

During your visit, we will examine you, review your medical and pain history with you, and compose a definitive plan of attack for your pain. This may involve additional evaluations, imaging studies, and physical therapy. As the entire process may take some time, please bring your patience.

I look forward to helping you get a handle on your pain.

Kind regards

Gregory J. Bijak MD